

Counselling and Psychotherapy Practice

This award is suitable for counsellors and psychotherapists who have completed a recognised counselling or psychotherapy training qualification, and who are working or who have worked professionally as a counsellor or psychotherapist.

The MA will give practising counsellors and psychotherapists an academic University based qualification to complement the professional qualification. This is a module-based distance learning supervised award which can be achieved alongside therapeutic work.

There are direct links to the following courses and qualifications:

- Bridgwater College Advanced Diploma in Counselling and Psychotherapy
- Chichester Counselling Service Diploma in Psychotherapeutic Counselling or Psychodynamic Counselling
- The Manor House Centre, North London, Diploma in Psychodynamic Counselling and Therapy in the Community
- Northbrook College, Sussex, Advanced Diploma in Integrative Counselling and Therapy
- Southampton Counselling Service Advanced and Diploma courses
- Wessex Counselling Service Advanced and Diploma courses

Applicants who qualified through other counselling or psychotherapy trainings are invited to apply and accreditation for prior learning (APL) is given according to the level of their counselling or psychotherapy training qualification. This can be discussed on application.

APL is recognised within six years of a training qualification.

Structure and content

You can gain a Postgraduate Certificate (60 credits), Postgraduate Diploma (120 credits) or Master's award in Counselling and Psychotherapy to complement your professional qualification. The Master's award requires you to have gained 90 credits linked to Counselling and Psychotherapy and then to have undertaken Research and the Professional Part 1 & 2 and the Master's Research Project. The PG Dip award allows APL of 75 credits.

The modules offered are:

Counselling and Psychotherapy Work-based Action Enquiry

This module is for students with APL 60 or 75 credits. An alternative to the Independent Study module, it is specifically focussed on reflecting and writing about clinical theory linked with practice. It can include client work or supervised practice, or a literature review or conference report linked to clinical practice.

Independent Study

This module is a way for students to make up their APL credit. This is usually a piece of work based either on a literature review or the theoretical aspects of a case study. Students are encouraged to choose a subject linked to their research interest.

Enquiries

Please contact award leader Fiona Gardner:

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