

COUNSELLING AND PSYCHOTHERAPY PRACTICE

Master's (MA)

This award is suitable for counsellors and psychotherapists who have completed a recognised counselling or psychotherapy training qualification, and who are working or who have worked professionally as a counsellor or psychotherapist.

The MA will give practising counsellors and psychotherapists an academic University based qualification to complement the professional qualification. This is a module-based distance learning supervised award which can be achieved alongside therapeutic work.

There are direct links to the following courses and qualifications:

- Bridgwater College Advanced Diploma in Counselling and Psychotherapy
- Wessex Counselling Service and other Westminster Pastoral Foundation affiliated training courses Advanced Diploma in Psychodynamic Counselling
- Diploma in Counselling at level 5 which gives a qualification for work in private practice recognised to British Association of Counselling and Psychotherapy (BACP) standards
- United Kingdom Council for Psychotherapy (UKCP) or British Confederation of Psychotherapists (BCP) registration



Accreditation for prior learning (APL) is given to other applicants according to the level of their counselling or psychotherapy training qualification. This can be discussed on application.

Structure and content

You can gain a Postgraduate Certificate (60 credits), Postgraduate Diploma (120 credits) or Master's award in Counselling and Psychotherapy to complement your professional qualification. The Master's award requires you to have gained 90 credits linked to Counselling and Psychotherapy and then to have undertaken Research and the Professional Part 1 & 2 and the Master's Research Project.

The modules offered are:

Counselling and Psychotherapy Work-based Action Enquiry

This module is for students with APL 60 credits. An alternative to the Independent Study module, it is specifically focussed on reflecting and writing about clinical theory linked with practice. It can include client work or supervised practice, or a literature review linked to clinical practice.

Independent Study

This module is a way for students to make up their APL credit. This is usually a piece of work based either on a literature review or the theoretical aspects of a case study. Students are encouraged to choose a subject linked to their research interest.

Award Leader

For further information please contact Fiona Gardner.
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