

DIGITAL CAREER RESOURCES TO SUPPORT *Your Next Steps*

The Careers & Employability Service has developed on-demand digital guides and resources to support your career journey. This document highlights resources that may be particularly relevant to you as soon-to-be graduates.

To access our full range of resources on topics such as preparing job applications, Networking, freelancing, self-employment and our sector guides, please see the [Careers Resources website](#). You can also log in to [MyCareer](#), our online careers platform, to view further e-learning resources (Pathways). After you graduate, you will just need to [register for a graduate account](#) to continue accessing MyCareer.

Bath Spa Careers & Employability Guides and Resources:

■ **Balancing your Career and Mental Health:**

This guide aims to improve your understanding of how you can prepare for a successful career when you also struggle with your mental health. See: [Guide to Balancing your Career and Mental Health](#)

■ **Disability and Work:**

As a student or recent graduate with a disability, you may have concerns about how your disability may impact on your career planning. This guide covers what you need to know about your rights, considerations about deciding whether to disclose your disability to a potential employer, how to disclose (should you choose to do so) and considerations for job searching. See: [Guide to Disability and Work](#)

■ **Career Direction:**

Career planning may seem daunting, can be time-consuming and require perseverance. This guide helps you through the steps you can take to make informed career choices. See: [Guide to Career Direction](#)

■ **Graduate Opportunities:**

This guide covers graduate schemes, graduate jobs and internships, when and how to apply, and an overview of the three main ways to secure graduate employment. See: [Guide to Graduate Opportunities](#)

■ **Postgraduate Study**

- For information and advice on choosing a course and funding your postgraduate studies, see: [Guide to Choosing and Funding Postgraduate Study](#)
- For information and advice on postgraduate study applications, personal statements and interviews, see: [Guide to Postgraduate Study: Applications, Personal Statements and Interviews](#)

■ **Seeking Opportunities Abroad:**

This guide is for students and recent graduates who want to seek work-based opportunities abroad. See: [Guide to Seeking Opportunities Abroad](#)

External Resources:

■ **Student Circus**

Student Circus is a niche job search portal for international students in the UK who are currently on the Student Route visa (earlier known as the Tier-4 visa). The platform includes country career guides and an immigration guide for the UK. See: [Student Circus](#)

■ **Prospects**

Prospects is the UK's biggest graduate careers website and provides a wide range of information and advice to help support students and graduates. See: [Prospects](#)