



The Athena Network
psychological and psychosocial support for immigrants living
in extreme situation



11th International Congress on Migration and Mental Health

30th - 31st October 2021

Online Conference

PROGRAM

Saturday 30th October

10:30 - 10:45: Welcome

[Join the Meeting](#) ID: 820 0534 9126

Prof Joseba Achotegui (University of Barcelona & UK Athena Network), Nancy Liscano (VOADES UK), Dr Agata Vitale (Bath Spa University)

10:45 - 11:25: Keynote speaker

Professor Joseba Achotegui - Migrants experiencing the Ulysses syndrome during the COVID 19 pandemic.

Multiple levels of stress affecting migrants

TIME (UK)	ROOM 1 Chair: Dori Espeso Join the Meeting ID: 820 0534 9126 Passcode: Room1	ROOM 2 Chair: Concepcion Montejo Join the Meeting ID: 870 5110 3706 Passcode: Room2	ROOM 3 Chair: Juan J Pimienta Join the Meeting ID: 863 4161 4920 Passcode: Room3
11:30 - 12:20	<p>Zahra Abbasi, University of Oslo, Norway "I can't never say Poshtet Degh Shodam in another language": Mental Healthcare Behavior Among Afghan Women in Norway.</p> <p>Nancy Liscano Voades UK & Joseba Achotegui Universidad de Barcelona, Spain Mental health conditions and the Ulysses syndrome in Latin American families reunited in UK.</p>	<p>Marta Guarch, Antonio Manzanero, Joseba Achotegui, Ana Miniescu y Steven Byrne Universidad San Jorge, Zaragoza, Spain Risk factors affecting refugees during their resettlement process.</p> <p>Lorna Vassiliades, Queen Mary University of London, UK THE JUNGLE from a Refugee camp to theatre space: A Case Study.</p>	<p>Dr Zurima Toloza Diaz Psychiatrist MBBS MSc in Mental health Culture and mental health</p> <p>Juan Carlos Bejarano (a Colombian foreign correspondent based in London) Emilio the Inmigrant; a latino fictional character that seeks to represent the hard work, sacrifices and tribulations of immigrants.</p>
12:30 - 1:30	BREAK		

Multiple levels of stress affecting migrants' mental health

TIME (UK)	Chair: Maria Jose Riquelme del Valle (Spanish - English) Join the Meeting ID: 820 0534 9126 Passcode: Room1	Chair: Natalia Izquierdo Join the Meeting ID: 870 5110 3706 Passcode: Room2	Chair: Letizia Marin (Spanish - English) Join the Meeting ID: 863 4161 4920 Passcode: Room3
13:30 - 14:20	<p>Ana Andón, Francia Digital media as accessible and basic tools to promote the promotion and care of mental health during the health crises caused by COVID-19.</p> <p>Nelida Tanaka Wada, Clinic Yotsuya Yui The effects of the Japanese immigration policy on the quality of life and mental health of immigrants and refugees.</p> <p>Azahara González López SAPRI (Immediate Psychological and Psychosocial Response) Málaga, Spain A line of team intervention in the current migratory crisis</p>	<p>Luz María Garcini, universidad de San Antonio USA Mental health stressors and coping strategies in Latino immigrant communities in the United States during the Covid-19 pandemic.</p> <p>Itzel Eguiluz, Universidad Nacional Autónoma de México, Mexico Evaluating the use of medications and the admission to to acute psychiatric care for refugees and migrants.</p>	<p>Salvatore Cosentino, Red athenea, Spain From south to where? Protection and care to young immigrants who arrive to Spain through the southern border during the Covid-19 pandemic.</p> <p>Dr. José López Rodas, Dr. Joseba Achotegui, Soc. Gestión de la Salud Renato López G. Biol Est. Zully Faralli, Mg. Est e Int Artif, Luis Chía, Ing. Sist. Miguel Lozano Peru Health and mental health management of Venezuelan immigrants in Peru</p>
TIME (UK)	Chair: Renato Malca (Spanish - English) Join the Meeting ID: 820 0534 9126 Passcode: Room1	Chair: Anabella Piter Join the Meeting ID: 870 5110 3706 Passcode: Room2	Chair: Ivan Chairez Join the Meeting ID: 863 4161 4920 Passcode: Room3
14:30 - 15:20	<p>Letizia Marin Italy Society: Solidarietà con l'America Latina - Psychologists & Psychotherapists International Network – Italy MPSQ & MCQ: Questionnaires to aid the support of immigrants, using psycho-social-cultural evaluation based on Ulysses syndrome and Scheme Therapy.</p> <p>Eunice Rodríguez & Ashini Srivastava, Standford University, California, US Promoting the mental health of immigrant and low income youth through remote participation in a health promotion program during the pandemic.</p>	<p>Cynthia Wimberly President Viktor Frank Institute USA neighbour. Noah Project Family Violence Center, Texas Exploring the impact of COVID-19 pandemic in migrants who survived domestic violence.</p> <p>Luis Eduardo Alvarado Guatemala Entidades ONG El Refugio de la Niñez con el programa de movilidad humana Guatemala. Strengthening resilient coping strategies in children and adolescents from migrant America Center</p>	<p>Alba Lucía Díaz, Ed. D Associate Professor Community Health National Tanya Rovira, Core Adjunct Professor Community Health National University California COVID-19 and marginalized immigrant communities.</p> <p>Wayne Zschech. Director of Operation Mobilisation in Ukraine The impact of the conflict in eastern Ukraine migrants' mental health</p>

Community interventions to support migrants' mental health and integration

TIME (UK)	Moderator: Agata Vitale Join the Meeting ID: 820 0534 9126 Passcode: Room1	Moderator: Alessandra Mongardi (Spanish – English) Join the Meeting ID: 870 5110 3706 Passcode: Room2
15:30 - 16:20	<p>Rebecca Georgis, Bath Spa University, Bath, UK Developing a community- based model of immigrant and refugee child development to inform educational and psychosocial interventions).</p> <p>Paula Reybitz, Integrative Psychodynamic Psychotherapist Coordinator Migrant Mental Health in the NHS: WCC multi-ethnic IAPT services- a story of Portuguese, UK Migrant Mental Health in Community: The Household Model in Lambeth Portuguese Wellbeing Partnership - a story of community health and change.</p>	<p>Carmen Indrani SPAIN Rivera Rajah, Psychology Service of the Malaga Red Cross Migrant and Refugee Area. The power of Alves: confined, and in top form.</p> <p>Marina Ortiz. Unión de Poblanos en el Exterior An encounter with our roots: meeting again with with those I have missed for decades.</p> <p>Verónica Juanes, Cruz Roja Spain (español – inglés) Intimate Partner Violence among asylum seekers and refugees during Covid 19: Another pandemic?</p>

DAY 2

Sunday 31st October

Assessment and intervention to support migrants' mental health

TIME (UK)	Moderator: Dori Espeso Join the Meeting ID: 820 0534 9126 Passcode: Room1	Moderator: Nancy Liscano Join the Meeting ID: 870 5110 3706 Passcode: Room2
10:30 - 11:20	<p>Alessandra Mongardi Women and Girls Network London, UK Working with survivors of gender violence during the Covid-19 pandemic.</p> <p>Agata Vitale, Bath Spa University, UK The effectiveness of narrative therapy interventions to support migrants' mental health.</p> <p>Anna Ferreira, University of Birmingham UK The power of community: Exploring the role of civil society in social cohesion.</p>	<p>Judy Ryde and Katie Hope, Trauma Foundation South West, Bath, UK and The Bath Centre for Psychotherapy Group and Individual Therapy for Refugees and Asylum Seekers in Bristol.</p> <p>Adrián Farfan, Angie Montoya and Angelica Senato VOADES UK Young People Community Impact of young people on families in migration processes.</p>

TIME (UK)	<p>Moderator: Dori Espeso</p> <p>Join the Meeting</p> <p>ID: 820 0534 9126</p> <p>Passcode: Room1</p>
11:30 - 12:20	<p>Any Florin UK – CHILE Mindfulness /atención plena may contribute to any migrant’s wellbeing ‘ Any Florin (MRSH) wellbeing & mindfulness facilitator, Former mental well-being coordinator(NHS), long- lasting VOADES ‘volunteer member & supporter of Atenea Network.</p> <p>Claudia Lopez-Pietro EAL Raising Achievement Coordinator Year 7 Deputy Raising Achievement Coordinator Saint Gabriel’s College.</p> <p>The impact of Covid-19 on migrant school children and their families.</p>

Community intervention to support migrants’ mental health

TIME (UK)	<p>Moderator: Alessandra Mongardi</p> <p>Join the Meeting</p> <p>ID: 820 0534 9126</p> <p>Passcode: Room1</p>	<p>Moderator: Ana Andon</p> <p>Join the Meeting</p> <p>ID: 870 5110 3706</p> <p>Passcode: Room2</p>
12:30 - 13:20	<p>Jhon Marulanda (latin american disabled people’s project) UK</p> <p>Immigration impact for disabled and elderly people of the spanish and portuguese speaking community in the</p> <p>Soledad Delgado Founder Kimberly R. Ochoa Director UK</p> <p>The role of community integration and empowerment for strengthening ethnic minority groups.</p>	<p>Mary Ingham, UK</p> <p>Mental Health and Well Being of the young immigrants in UK and Dubai.</p> <p>Juan Pimienta, UK Metropolitan Police Ibero American Association</p> <p>The Roma Community in London and the Ulysses Syndrome.</p>

13:30 - 14:30	LUNCH BREAK		
----------------------	--------------------	--	--

TIME (UK)	<p>Moderator: Maria Jose Riquelme del Valle</p> <p>Join the Meeting</p> <p>ID: 820 0534 9126</p> <p>Passcode: Room1</p>	<p>Moderator: Katheryn Gallo (Spanish – English)</p> <p>Join the Meeting</p> <p>ID: 870 5110 3706</p> <p>Passcode: Room2</p>	<p>Moderator: Itzel Eguiluz (Spanish – English)</p> <p>Join the Meeting</p> <p>ID: 863 4161 4920</p> <p>Passcode: Room3</p>
13:30 - 14:20	<p>Dr Doreen Francis, Canada, Director Viktor Franks Canada And UK</p> <p>Migration: meaning of suffering and loss.</p>	<p>Dr Patricia Ovejas, Pontificá Universidad Católica Santa María de los Buenos Aires. Y Universidad Austral. ARGENTINA</p>	<p>Yu Abe, Yotsuya Yui Clinic, Tokyo</p> <p>Immigration and Refugee Policy in Japan and Mental Health in the COVID-19 Pandemic.</p>

	<p>Ana Sri CAPE Vulnerability Index: Compassion, Assertive Action, Pragmatism and Evidence – Version for Latin American and the Caribbean (CAPE VI- LAC) “Globalisation, conflict, climate change, natural disasters: putting mental health into foreign policy.”</p>	<p>The contribution of logotherapy in the approach of migrants living in Populations with socioeconomic vulnerability</p> <p>Elisa Iwaki, Clinic Yotsuya Yui / NPO ABC Japan The mental health of children and adolescents from Brazilian background who live in Japan.</p>	<p>Luis Renato Malca Montoya, psicólogo comunitario y psicoterapeuta, Bonn, Germany Jumping frontiers in uncertain times.</p>
TIME (UK)	<p>Moderator: Nancy Rosero (Spanish – English)</p> <p>Join the Meeting ID: 820 0534 9126 Passcode: Room1</p>	<p>Moderator: Ivan Chairez</p> <p>Join the Meeting ID: 870 5110 3706 Passcode: Room2</p>	<p>Moderator: Liliana Osorio</p> <p>Join the Meeting ID: 863 4161 4920 Passcode: Room3</p>
15:30 - 16:20	<p>Miguel Olivos, NPO kawasaki international School “JAPAN TODAY: NOTHING HAPPENING, BUT UNSAFE AND SCARED” big impact in Migrant community.</p> <p>Edward Antonio Lozano Vargas, Dr. E. Antonio Lozano Vargas Psychiatrist and Psychotherapist Universidad Peruana Cayetano Heredia member of the committee on mental health care for vulnerable populations during the Covid-19 pandemic Lima - Peru Characteristics Venezuelan immigrants living in Peru.</p>	<p>Maria Linforth-Hall, UK The loneliness of old age in the migrant community.</p> <p>Manuel Ernesto Ortega, Biomagnetism Therapist, NLP and Associate Diploma in Logotherapy. Director Voades Ecuador The effects of forced migration for the mental health of family members left behind.</p>	<p>Silvia Peñas Martin PhD in Psychology University Teacher Head of the Psychosocial Care and Immigration Area in Egintza Association BIDELAGUN in Basque means “traveling companion.”</p> <p>Angel Adegbayi and Azmarea Muhamad Azlan. Are Southwark Youth Co-Cabinet Members for Mental Health by Southwark Youth Parliament. Young People’s Mental Health: Culture and Tradition.</p>

16:30 - 17:30: Red Athenea Assembly

Introducing our next congress in Colombia-Latin America

Join the Meeting ID: 820 0534 9126 Passcode: Room1

17:30 - 18:30: Closing Ceremony

Join the Meeting ID: 820 0534 9126 Passcode: Room1