

Do not print this page

HOW TO PRINT

These cards are intended to be printed in colour and on A4 paper.

In your print settings:

- Select 'Portrait' orientation
- Print pages 2-69
- Select 'Colour'
- Select 'A4' paper size
- Select 'Fit to printable area' in scale
- Select 'Print 2 pages per sheet'
- Select 'Print one sided'.

Once printed, fold each A4 page in half to create each card.

Using glue or tape on the blank side is optional but will make your cards more secure.

The image shows a mobile print settings interface. At the top, it says 'Print' and 'Total: 34 sheets of paper'. Below this, the 'Printer' is set to 'Microsoft Print to PDF'. The 'Copies' are set to '1'. Under 'Layout', 'Portrait' is selected. Under 'Pages', '2-69' is selected. Under 'Colour', 'Colour' is selected. Under 'Paper size', 'A4' is selected. Under 'Scale (%)', 'Fit to printable area' is selected. Under 'Pages per sheet', '2' is selected. At the bottom, there are 'Print' and 'Cancel' buttons. A link at the bottom says 'Print using system dialogue... (Ctrl+Shift+P)'.

Print
Total: 34 sheets of paper

Printer
Microsoft Print to PDF

Copies
1

Layout
☒ Portrait
☐ Landscape

Pages
☐ All
☐ Odd pages only
☐ Even pages only
☒ 2-69

Colour
Colour

Paper size
A4

Scale (%)
☒ Fit to printable area
☐ Actual size
☐ 100

Pages per sheet
2

[Print using system dialogue... \(Ctrl+Shift+P\)](#)

Print **Cancel**

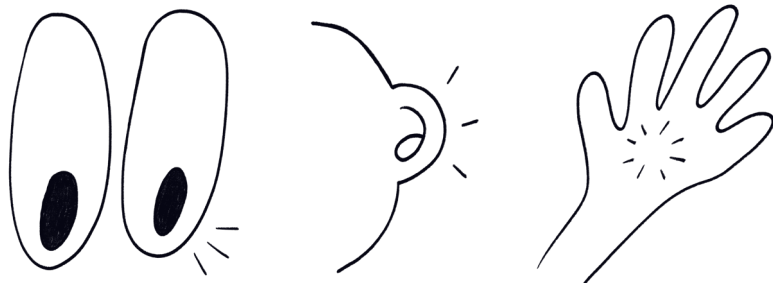
SEE

HEAR

FEEL

SEE, HEAR, FEEL

See, Hear, Feel invites you to understand, question and reimagine the spaces around you. The object and cards will enable participants to recognise the design and decision making that goes into a space and allows them to become the decision makers through practical and imagined creative outcomes.



This resource is intended to be used in galleries, but it can be adapted to fit any environment you find yourself in, like a classroom or park.

ABOUT THE ARTIST

Jasmine Smail is a multidisciplinary artist working mostly in sculpture and drawing. Her practice explores childhood, nostalgia, storytelling and play through objects and the memories they hold. Smail has led workshops encouraging play, storytelling and joy for all ages across the South West including the galleries, Spike Island, Hauser & Wirth and Arnolfini.

This resource was commissioned by Bath Spa University as part of the Value of Artists project, delivered through the Culture West programme. The initiative was made possible with funding from the West of England Mayoral Combined Authority and Arts Council England.



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**ARTS COUNCIL
ENGLAND**

WEST
OF ENGLAND

MAYORAL
COMBINED
AUTHORITY

**JASMINE
SMAIL** ☆

TEACHER'S NOTES : THE CARDS

ACTION

This is what participants will be doing with the object. This works well with the grounding exercise (example card included) supporting participants to be comfortable in the space.

ACTION and QUESTION pair well together

QUESTION

This is something for the participants to think about throughout the activity. What do you notice (see, hear, feel) within this space?
This pairs well with the ACTION cards as part of the grounding exercise.

TASK

This is a practical activity participants can complete. Pair this with a CREATE card to choose the materials for the task. These prompts are broad and abstract, allowing participants freedom to be creative and re-imagine the space.
Participants can work on tasks individually, in pairs or as a group. Each task could have a time limit, or it could be carried out over a series of lessons as a long project.

TASK and CREATE pair well together

CREATE

This is how participants can create. Prompts suggest mediums and materials they could use. These have been selected with materials that are readily available within galleries, museums and schools in mind.

PRESENT

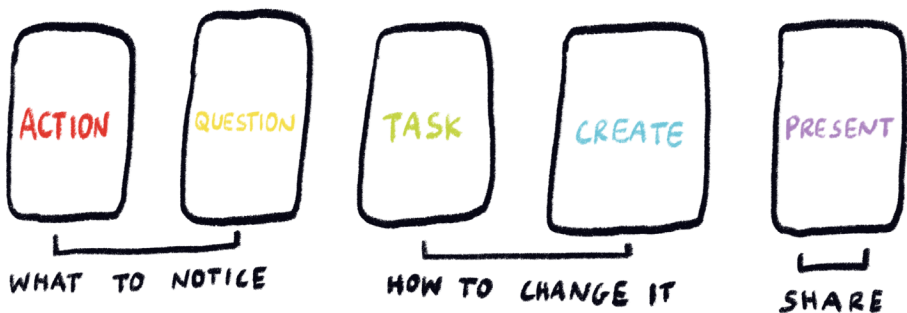
This invites participants to share their work. Different group sizes are suggested by the prompts so you, as a facilitator, can choose what would work best for your group.

Turn this card to see how to build up an activity with the cards.

HOW TO USE THE CARDS



THERE ARE FIVE CATEGORIES



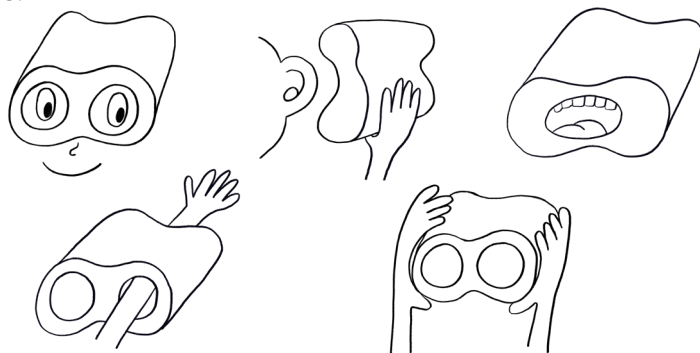
MAKE IT LONG

MAKE IT SHORT



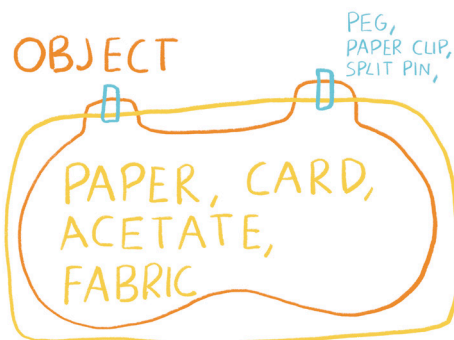
TEACHER'S NOTES : THE OBJECT

The object is a flexible tool that can help participants connect to their bodies through their senses, focusing on what they notice around them. It can be looked through, listened through, talked through, reached through or simply held. Use it on its own or with the cards.



The object can be adapted using paper, acetate, fabric and other materials. This will affect what the participants see, hear and feel.

This adaptation is intended to be used with the TASK and CREATE cards. It also works well with the ACTION cards at the beginning or end of an activity.

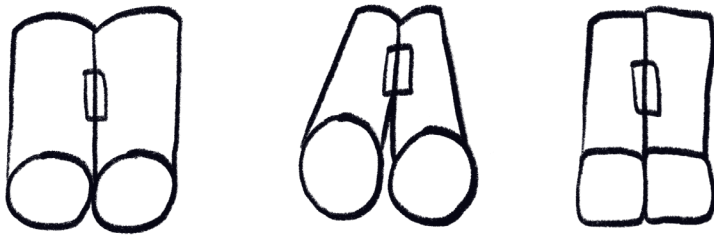


Objects made by Jasmine Smail can be found in Arnolfini, Bristol. Turn this card to see ways you can make your own objects in the classroom, at home or out and about.

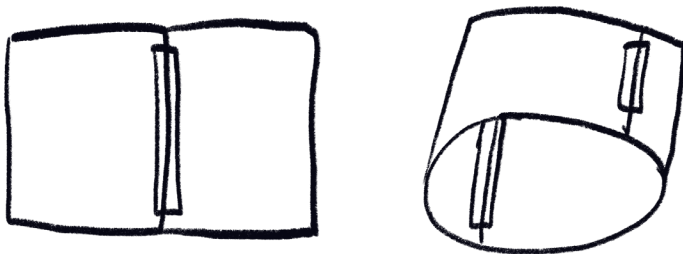
HOW TO MAKE YOUR OWN OBJECT



CUP YOUR HANDS



STICK TWO TUBES TOGETHER



TAPE TWO PIECES OF
PAPER THEN ROLL

GROUNDING

For noticing what is around you

TEACHER'S NOTES : GROUNDING EXERCISE

This is a great warm up activity to get participants used to the space around them. You could say the whole script or match up the hearing, seeing and feeling sections to the ACTION and QUESTION cards you selected.

Stand or sit in a way that feels comfortable to you. Change position throughout the exercise if you begin to feel uncomfortable.

Breathe in for 1 2 3 4. Hold for 1 2 3 4 and out for 1 2 3 4.

Close your eyes.

Breathe in for 1 2 3 4. Hold for 1 2 3 4 and out for 1 2 3 4.

Breathe in for 1 2 3 4. Hold for 1 2 3 4 and out for 1 2 3 4.

Bring your attention to what you can hear around you. Are the sounds loud or quiet? Are they fast or slow? What is making the sounds? Are the sounds coming from inside or outside? Are the sounds from people or objects? Can you hear new sounds from when you first arrived?

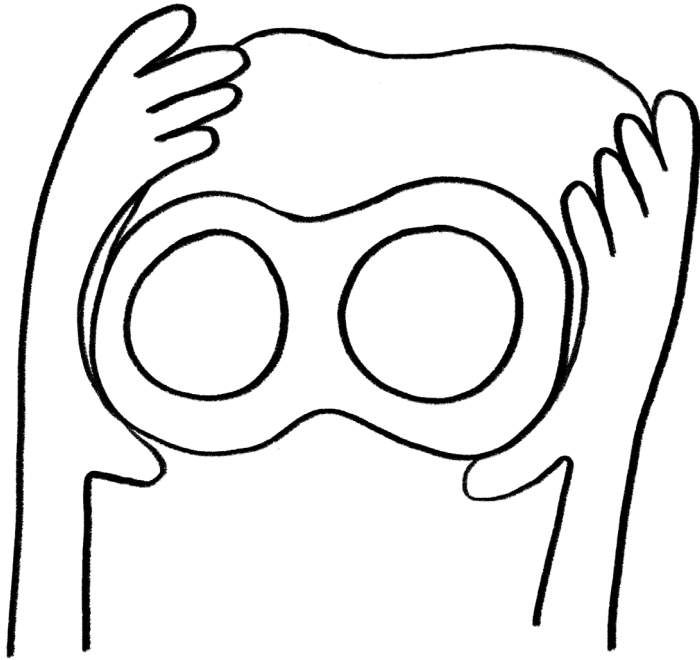
Bring your attention to what you can feel. If you are standing, how does the ground feel under your feet? If you are sitting, notice the feeling of the chair or floor on your body. Are your hands touching anything? How do you feel in your body? Do you feel calm, safe, worried, happy, sad, empty, excited, silly?

Bring your attention to what you can see around you. Bring one hand up to the front of your object and close your eyes. Now open your eyes. What colours can you see through gaps in your fingers? Slowly move your hand back down to your side. Turn your head slowly from left to right. What can you see in the space? What is on the walls? What is on the floor? Who is in the space?

After reading this out loud, invite the participants to share their thoughts together.

ACTION

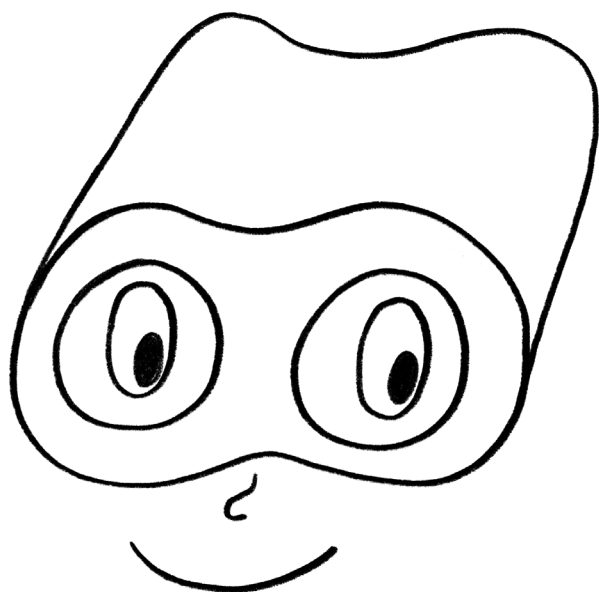
What to do with your object



Hold it in
your hands

ACTION

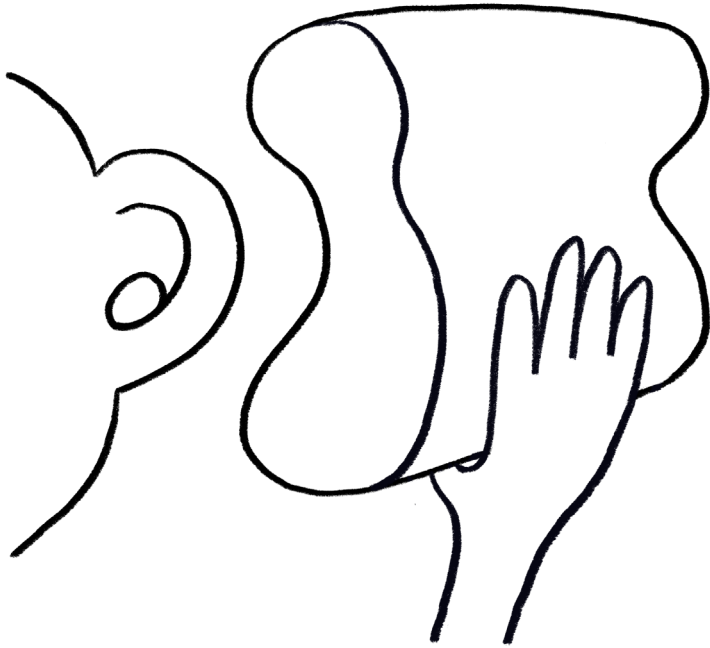
What to do with your object



Hold it to
your eyes

ACTION

What to do with your object

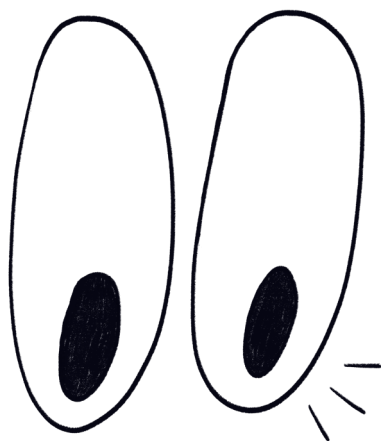


Hold it to
your ear

QUESTION

What to think about

What can
you see?



QUESTION

What to think about

Who can
you see?



QUESTION

What to think about

What can
you hear?



QUESTION

What to think about

What can
you feel?

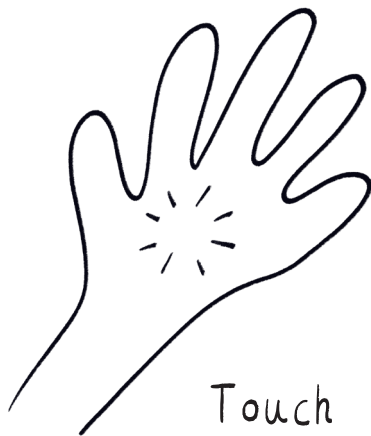


Emotions

QUESTION

What to think about

What can
you feel?



Touch

TASK

What to create

Create an
activity

TASK

What to create

Have someone
experience it

TASK

What to create

Show it in a
new way

TASK

What to create

Add one
thing

TASK

What to create

Take one
thing away

TASK

What to create

Adapt it

TASK

What to create

Change it

TASK

What to create

Choose a
movement to
represent it

TASK

What to create

Choose a
colour to
represent it

TASK

What to create

Choose a
shape to
represent it

TASK

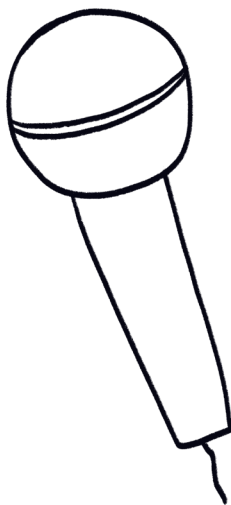
What to create

Choose a
texture to
represent it

CREATE

How to create it

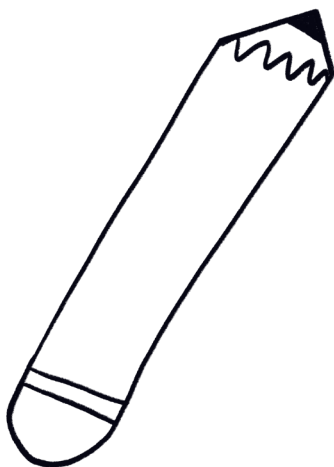
Perform



CREATE

How to create it

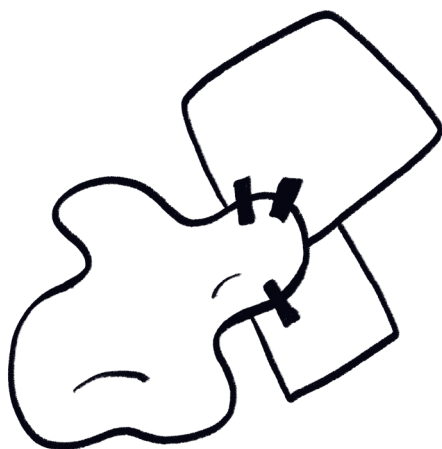
Draw



CREATE

How to create it

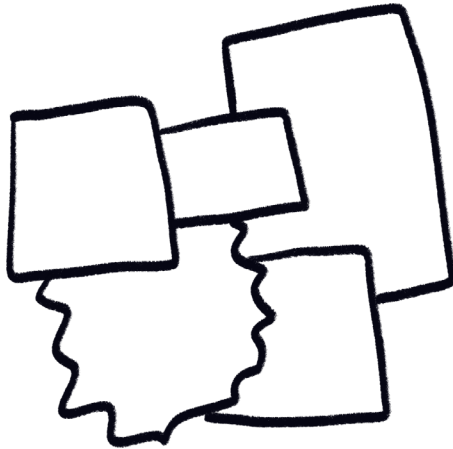
Sculpt



CREATE

How to create it

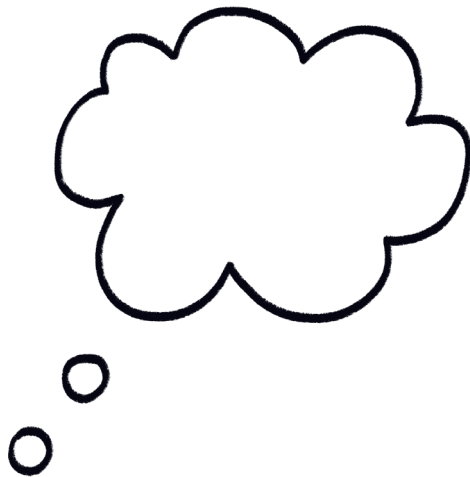
Collage



CREATE

How to create it

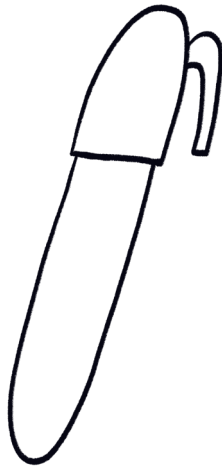
Imagine



CREATE

How to create it

Write



CREATE

How to create it

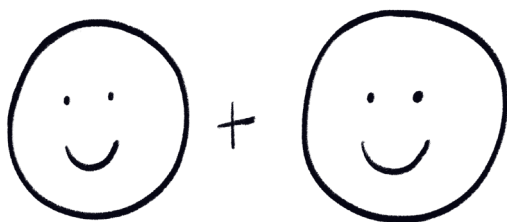
Sound



PRESENT

Share your creation

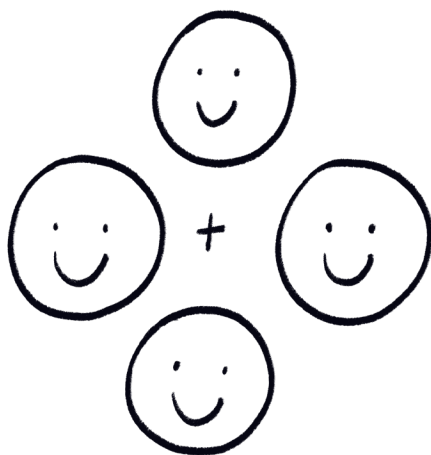
Share with
a friend



PRESENT

Share your creation

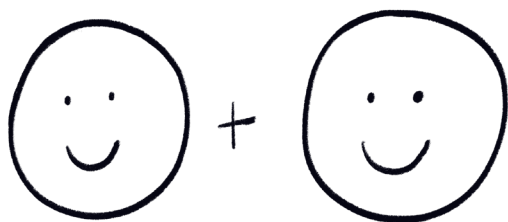
Share with
a group



PRESENT

Share your creation

Share with
a partner



PRESENT

Share your creation

Share with
everyone

