# PORTHLEVEN PRIZE ALTERNATIVE APPLICATION GUIDANCE

### a. Video Application

We would like to give applicants the opportunity to answer the application form by submitting a video.

#### How to make your video

Don't worry too much about the style of the video. We just need the sound to be clear and be able to hear what you're saying.

Avoid filming in places with too much background noise like outdoors, in a busy café or office. A quiet empty room's a good place to film in. You can film it on a phone if you want.

Your video should be about 4 minutes long but no longer than 5 minutes.

If you're going to take videos of people taking part in your project, make sure you get their <u>consent</u> first. You'd normally do this with a <u>consent form</u>. Find information about consent from the <u>Information Committons Office</u> (ICO).

## b. <u>Audio Application - Sample text for Application Form</u>

We would like to give applicants the opportunity to answer the application form by submitting an audio recording.

Your audio recording should be about 4 minutes long but no longer than 5 minutes.

Please see how to guides:

# **Apple Mac**

How to create a voice recording on a mac

How to share voice recording

#### **Microsoft**

How to create and share a voice recording on Microsoft